

METABOLITES OF DAIDZEIN AND GENISTEIN AND THEIR BIOLOGICAL ACTIVITIES

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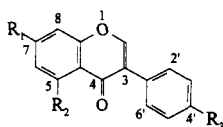
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ABSTRACT.—A number of metabolites of daidzein and genestein have been synthesized and their biological activities determined. Equol [3], 5,7,4'-trihydroxyisoflavan [5], 4,7,4'-trihydroxyisoflavan [6], dihydrodaidzein [8], and dihydrogenistein [9] were synthesized either from daidzein [1] or genistein [2] by hydrogenation. Similarly, the derivatives 4, 7, and 11 were synthesized from 3, 6, and 10, respectively. During acetylation and nmr experiments, 9 was converted to a novel enol intermediate [10]. Antifungal, antibacterial, mosquitocidal, nematocidal, and topoisomerase inhibition activities of these compounds were evaluated, with equol [3] being the most active of the compounds tested against topoisomerase I.

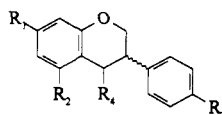
Several epidemiological studies have shown that soybean products have reduced the incidence of breast cancer in women (1,2). Soybean diets were shown to lower mammary tumor rates in rats induced by radiation (3) or by the carcinogen, *N*-methyl-*N*-nitrosourea (MNU) (4). Isoflavonoids present in soybean metabolize in the digestive tract (5), and are considered to reduce the incidence of breast cancer (1). Animal studies also revealed that the soybean isoflavonoids daidzein [1] and genistein [2] are responsible for this protective effect (1,3,4). Genistein has been shown to inhibit H₂O₂ formation in vivo and in vitro (6,7) and also to act as an inhibitor of tyrosine kinase and DNA synthesis (8,9).

Several metabolites are detected in urine from human subjects on soybean

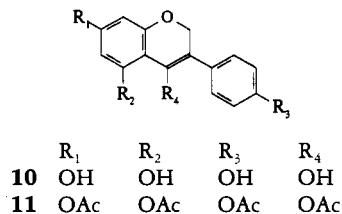
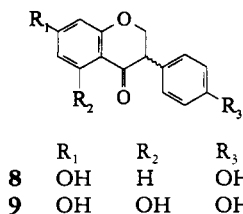
diets (10). The major metabolites of 1 and 2 are their reduction products, equol [3], 7,4'-dihydroxyisoflavanone [8], tetrahydrodaidzein [6], and *O*-desmethy-langolensin and 5,7,4'-trihydroxyisoflavanone [9]. The synthesis of isoflavanones and isoflavans from 1 and 2 was reported previously (11–13). Hydrogenation reactions of isoflavones were non-selective and often resulted in complex mixtures (11–13). A selective catalytic hydrogenation of several isoflavones to their corresponding isoflavanones has been published (14), but 1 and 2 were not used to produce isoflavanones by previous researchers (14). The biological activities of these metabolites, isolated from physiological samples in trace quantities, have not yet been evaluated. We have now synthesized compounds 3, 5, 6, 8, and 9 and the derivatives 4, 7, and 11



	R ₁	R ₂	R ₃
1	OH	H	OH
2	OH	OH	OH



	R ₁	R ₂	R ₃	R ₄
3	OH	H	OH	H
4	OMe	H	OMe	H
5	OH	OH	OH	H
6	OH	H	OH	OH
7	OAc	H	OAc	OAc



from **1** and **2**, respectively, in sufficient quantities to evaluate their biological activities.

Equl [**3**] was previously synthesized by the reduction of *O,O*-diacetyl-daidzein followed by the hydrolysis of the resulting product in ethanolic NaOH (13). However, we have synthesized **3** by the hydrogenation of **1** synthesized previously in our laboratory (15) in glacial HOAc with Pd/C as catalyst, and confirmed its structure by comparison with ¹H- and ¹³C-nmr data (13). Methylation of **3** afforded compound **4**, as confirmed by ¹H-nmr data.

Aldercreutz *et al.* (16) reported the synthesis of equl [**3**] through the hydrogenation of daidzein [**1**] in EtOH. In our laboratory, this procedure yielded only 4,7,4'-trihydroxyisoflavan [**6**] (10). The ¹³C-nmr spectral data of **6** gave a signal at δ 67.70 assigned to C-4, which confirmed that the C=O group in **1** was partially reduced. Acetylation of **6** gave a triacetate, **7**, and provided additional evidence for the existence of a C-4 hydroxy group in **6**.

The hydrogenation of **1** over Pd/BaSO₄ in EtOH yielded **8** as the major product. The ¹H-nmr data of **8** were identical to published values (10,14). The ¹³C-nmr spectrum of compound **8** showed a signal at δ 194.07 which indicated that the C=O group at C-4 was not reduced. Also, the ¹H-nmr spectrum of **8** did not exhibit an olefinic proton signal at δ 8.02. Therefore, the nmr data confirmed the existence of a C=O group at C-4 and the reduction of the olefinic bond between C-2 and C-3 in compound **8**.

Compound **9** was produced by the hydrogenation of **2** in EtOH over Pd/C. This compound gave a similar *R_f* value to

2 on Si gel tlc and its structure was confirmed by ¹H- and ¹³C-nmr spectra. However, hydrogenation of **2** in glacial HOAc over Pd/C yielded a mixture of compounds **5** and **9** due to partial hydrogenation. Compound **5** had a lower *R_f* value on tlc than did **9**. The structure of compound **5** was identified as 5,7,4'-trihydroxyisoflavan by comparison of its nmr spectra with literature values (14).

Acetylation of compound **9** in pyridine and Ac₂O gave interesting results. Spectral characterization of the acetylated product **11** showed the presence of four acetate groups, even though the parent compound [**9**] had only three hydroxy groups. The H-2 proton of **11** in the ¹H-nmr spectrum appeared as a 2H singlet at δ 5.03. The signals at 136.14 and 111.29 ppm were assigned to the olefinic carbons C-3 and C-4, formed by the enolization of the C-4 carbonyl group.

The formation of **11** must involve the enol **10**, which means that during the acetylation process the keto form [**9**] was converted to the enol. The enolization of **9** was also observed during an nmr experiment with pyridine-*d*₅ as the solvent. The addition of 100 μ l of HOAc-*d*₄ to a pyridine-*d*₅ solution of **9** caused an instant enolization of **9** to **10**. The H-2a and H-2b signals of **10** appeared as doublets at 4.48 and 4.43 ppm, respectively. However, the enol form was unstable and reverted completely to the keto form during isolation and purification. The same was true when attempts were made to hydrolyze the tetraacetate, **11**, to **10**. The enolization of **9** did not occur in CD₃OD/HOAc-*d*₄. The enolization of **9** in pyridine/HOAc may be induced by the OH-5 group in the A-ring complexing with pyridine. It is possible that **10** can

exist in biological systems as a metabolite of **2**. The related isoflavanone **8** did not enolize in pyridine-*d*₅ and HOAc-*d*₄.

Equol [**3**] showed growth inhibition for *Fusarium oxysporum*, *Fusarium moniliforme*, *Gleosporium* spp., *Rhizoctonia* spp., and *Aspergillus flavus* (all fungi), *Candida albicans* (yeast), and *Staphylococcus epidermidis*, *Streptococcus aureus*, and *Escherichia coli* (all bacteria) at 250 µg in plate assays. Mosquitocidal (*Aedes aegyptii* larvae) and nematocidal (*Panagrellus redivivus* and *Caenorhabditis elegans*) assays with **3** showed 100% mortality at 250 ppm within 24 h. Compound **9** inhibited the growth of all microorganisms tested at 250 µg concentration excluding *A. flavus* and *E. coli*. Neither mosquitocidal nor nematocidal activities were observed for **9**. Compounds **1**, **2**, **5**, **6**, **8**, and **11** were not active against these bacteria and fungi, the yeast, the mosquito larvae, or the nematodes, at the doses tested.

Genistein [**2**] is reported to have topoisomerase II inhibitory activity (17,18). Therefore, we have evaluated compounds **1–9** for both topoisomerase I and II activities using the mutant yeast strains JN394, JN394 *t*₁, and JN394 *t*_{2,5} (19,20). In our experiments, the inhibitory concentration (IC₅₀ value) for **2** was 250 ppm for JN394 and inhibited the growth of JN394 *t*₁ and JN394 *t*_{2,5} by 30%. Compounds **1** and **4–7** did not show topoisomerase inhibition in preliminary plate assays. Camptothecin, a topo-I poison, was used as the positive control against JN394 and JN394 *t*_{2,5} (97% inhibition of growth) at 10 ppm. Camptothecin has no effect on the growth of JN394 *t*₁ (20). Compounds **8** and **9** inhibited the growth of JN394 *t*_{2,5}, but had no effect on JN394. Compound **3**, the most active among all the compounds tested, inhibited the growth of these yeast strains and showed an IC₅₀ value of 50 ppm.

EXPERIMENTAL

GENERAL EXPERIMENTAL PROCEDURES.—¹H- and ¹³C-nmr spectra were recorded on Varian

VXR 300 and 500 MHz spectrometers, respectively, at room temperature. The mps were recorded on a Thomas model 40 micro hot-stage apparatus and were not corrected. Mass spectra were acquired on a JEOL HX-110 double-focusing mass spectrometer. Prep. tlc plates were purchased from Analtech Inc. (Newark, DE). Prep. recycle-hplc was used with a LC-20 and a C₁₈ reversed-phase column (Jaigel, S-343-15; 15 µm, 250×20 mm), with the latter purchased from Dychrom (Santa Clara, CA).

CHEMICALS AND CELL CULTURE MEDIA.—Daidzein [**1**] and genistein [**2**] were synthesized in our laboratory (15). Pd/C and Pd/BaSO₄ (5%) were purchased from Aldrich Chemical Company (Milwaukee, WI). YMG (yeast extract 4 g/liter, maltose 10 g/liter, glucose 4 g/liter and agar 12 g/liter), PDA (potato dextrose agar) and Emmons (neopeptone 10 g/liter, glucose 20 g/liter, and agar 15 g/liter) media were prepared as described previously (21) and the ingredients were purchased from Difco Labs (Detroit, MI). NG medium (NaCl 3.0 g/liter, bacto peptone 2.5 g/liter, cholesterol 1 ml/liter from 5 mg/ml stock solution, CaCl₂ 1 ml/liter from 1 M stock solution, MgSO₄ 1 ml from 1 M stock solution, and potassium phosphate buffer 25 ml/liter of stock solution containing KH₂PO₄ 11.97 g/100 ml and K₂HPO₄ 2.09 g/100 ml) was used. YPDA medium (yeast extract 20 g/liter, peptone 10 g/liter and dextrose 20 g/liter, and adenine sulfate 2 ml/liter from 0.5% stock solution) was purchased from Difco Labs. Adenine sulfate and camptothecin were purchased from Aldrich Chemical Company (Milwaukee, WI).

HYDROGENATION OF ISOFLAVONES.—A solution of **1** or **2** (50 mg) in EtOH or glacial HOAc (100 ml) was bubbled with H₂ for 15 min and then added to a pre-reduced EtOH or glacial HOAc solution containing 5% Pd/C. The reaction mixture was stirred at room temperature under a H₂ atmosphere until the isoflavone was not detectable by tlc. The reaction mixture was filtered through a Celite bed and the resulting solution was dried *in vacuo*.

Equol [**3**].—The product from the hydrogenation of **1** (49 mg) in glacial HOAc was recrystallized from MeOH/H₂O to yield **3** (22.9 mg, 46.7%); mp 150–152°; its structure was confirmed by comparison of published spectral data (14).

7,4'-Dimerboxyequol [**4**].—A solution of compound **3** (20.4 mg) in Me₂CO (15 ml) was stirred with K₂CO₃ (5 g) for 15 min and refluxed with dimethyl sulfate (50 µl) for 8 h. The reaction mixture was cooled to room temperature, filtered, and the resulting solution dried *in vacuo*. The product was dissolved in CHCl₃ (50 ml) and washed with H₂O (20 ml×2) followed by washing with saturated NaHCO₃ solution (25 ml×1) and

H₂O (25 ml×2). The resulting CHCl₃ solution was evaporated *in vacuo* and the white precipitate was recrystallized from MeOH to give needle-like crystals (16 mg); mp 112–113°; its structure was confirmed by ¹H- and ¹³C nmr spectroscopy.

4,7,4'-Trihydroxyisoflavan [6].—Amorphous powder (30 mg), produced from the hydrogenation of daidzein [**1**] (50 mg) using EtOH as the solvent (60% yield); mp 204–208°; nmr spectral data were identical to published values (10).

4,7,4'-Triacetylisoflavan [7].—To a solution of compound **6** (9.8 mg) in pyridine (1 ml), Ac₂O (200 μl) was added and left in the dark at room temperature for 24 h. The reaction mixture was dried *in vacuo* and purified by prep. tlc using CHCl₃-MeOH (12:1) as the mobile phase to yield an amorphous white solid (14.6 mg); mp 115–117°; its structure was confirmed by ¹H-nmr spectroscopy.

Dihydrodaidzein [8].—The reaction mixture from the hydrogenation of **1** in EtOH and Pd/BaSO₄ was purified by prep. recycle-hplc (C₁₈ column, mobile phase H₂O-MeOH, 30:70, at a flow rate of 2 ml/min, detected at 210 nm) and yielded compound **8** (41.4%) as the major product; mp 198–200°; identification was made by comparison with published nmr spectral data (14).

Dihydrogenistein [9].—The reaction product from the hydrogenation of **2** in EtOH and Pd/C was purified by prep. tlc using a solvent system of CHCl₃-MeOH (10:1). The major component was recrystallized from MeOH/H₂O and gave colorless needle-like crystals, compound **9** (yield, 67%); mp 196–198°; confirmed by comparison with published spectral data (14).

5,7,4'-Trihydroxyisoflavan [5].—The hydrogenation of **2** with Pd/C in glacial HOAc yielded a mixture of two compounds. The reaction mixture was purified by prep. tlc developed with CHCl₃-MeOH (10:1). The compound with a R_f value similar to **2** was identified as compound **9** (yield, 17.8%). The second compound, with a lower R_f value, was recrystallized from MeOH/H₂O and gave needle-like crystals of compound **5** (yield, 27.0%); mp 209–211°; ¹H-nmr chemical shifts were identical to published values (14).

4,5,7,4'-Tetrahydroxyisoflavanone [10].—Compound **9** (12 mg) in pyridine-*d*₅ (0.75 ml) was treated with HOAc-*d*₄ (100 μl) in an nmr tube and its ¹H-nmr spectrum was recorded; ¹H nmr (pyridine-*d*₅ and 100 μl of HOAc-*d*₄) δ 7.20 (2H, d, J=8.7 Hz, H-2', H-6'), 7.05 (2H, d, J=8.7 Hz, H-3', H-5'), 6.36 (1H, d, J=1.8 Hz, H-6, H-8), 4.48 (1H, d, J=12.0 Hz, H-2a), 4.43 (1H, d, J=12.0 Hz, H-2b).

4,5,7,4'-Tetraacetateisoflavanone [11].—Ac₂O (200 μl) was added to a solution of compound **9** (20 mg) in pyridine (1 ml) and stored in the dark

at room temperature for 24 h. Crushed ice was added into the reaction mixture and the white precipitate formed was isolated by centrifugation. This precipitate was then recrystallized from MeOH to give colorless needle-like crystals of the novel compound **11** (22 mg); mp 191–192°; ¹H nmr (CDCl₃) δ 7.36 (2H, d, J=8.7 Hz, H-2', H-6'), 7.11 (2H, d, J=8.7 Hz, H-3', H-5'), 6.66 (1H, d, J=2.1 Hz, H-6), 6.47 (1H, d, J=2.4 Hz, H-8), 5.03 (2H, s, H-2), 2.31 (3H, s, Me), 2.29 (3H, s, Me), 2.27 (3H, s, Me), 2.10 (3H, s, Me); ¹³C nmr (CDCl₃) δ 167.92 (C=O), 168.77 (C=O), 167.97 (C=O), 167.29 (C=O), 156.13 (C-8a), 150.72 (C-4'), 149.83 (C-5), 145.38 (C-7), 136.14 (C-4), 130.74 (C-1'), 128.58 (C-2', C-6'), 121.31 (C-3', C-5'), 111.29 (C-3), 109.88 (C-8), 107.54 (C-6), 68.55 (C-2), 20.62 (2×Me), 20.49 (Me), 20.08 (Me).

ANTIMICROBIAL ASSAYS.—Antifungal and antibacterial assays of compounds **1–3**, **5**, **6**, **8**, **9**, and **11** were carried out according to procedures reported earlier (21). Cultures of *Fusarium oxysporum* (MSU-SM-1322), *Fusarium moniliforme* (MSU-SM-1323), *Gleosporium* spp., and *Rhizoctonia* spp. were grown on potato dextrose agar (PDA) medium. Cultures of *Candida albicans* and *Aspergillus flavus* (MSU strains) were grown on YMG medium, and cultures of *Staphylococcus epidermidis* (ATCC 25923), *Streptococcus aureus* (MSU strain), and *Escherichia coli* (ATCC 25922) were grown on Emmons medium.

MOSQUITOCIDAL AND NEMATOCIDAL ASSAYS.—Mosquito larvae, *Aedes aegyptii* (Michigan State University, courtesy of Dr. A. Raikhel), were used to test the insecticidal properties of compounds **1–3**, **5**, **6**, **8**, **9**, and **11** using the procedure reported earlier (21). Nematocidal activity was carried out on *Panagrellus redivivus* and *Caenorhabditis elegans* using the procedure reported earlier (22).

TOPOISOMERASE ASSAYS.—*Saccharomyces cerevisiae* mutant cell cultures, JN394, JN394 t₁, and JN394 t₂₋₅, were supplied by one of us (J.L.N.) (19,20). The organisms were cultured in Petri dishes containing YPDA medium (20 ml). The cells from a fully grown plate were suspended in saline solution (10 ml), which was diluted to obtain 5×10⁶ CFU/ml. YPDA liquid medium (1.95 ml) was inoculated with 25 μl of the cell suspensions (5×10⁶ CFU/ml) from JN394, JN394 t₁, and JN394 t₂₋₅, respectively. The test compounds, daidzein [**1**], genistein [**2**], dihydrodaidzein [**8**], and dihydrogenistein [**9**] were dissolved in DMSO and were added to the test tubes (25 μl) to give the final concentration at 250 ppm. Each treatment was repeated in triplicate (data not shown). The positive control, a topoisomerase I poison, camptothecin, was tested at 10 ppm. Because equol [**3**] showed an excellent activity in the preliminary plate assay, it was tested at con-

centrations of 100, 50, 25, and 10 ppm. The test tubes containing cell cultures and compounds were incubated at 27° for 24 h. At the end of the incubation period, a serial dilution of each cell suspension was prepared. An aliquot (100 µl) from each dilution was spread evenly on a Petri dish containing YPDA media and incubated at 27° for 72 h. The number of colonies were counted at the end of the incubation period and evaluated for the activity of test compounds.

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